



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL DAY	Pastries, Beverages-Hot & Cold, Yogurt, Milk, Whole Fruits, Snacks, Desserts				
SOUPS	Mexican Bean (GF)(VGN) Tom Yum Chicken (H)(GF)(DF)	Lentil Dahl (GF)(VGN) Italian Wedding (H)(DF)	Broccoli & Cheese (GF)(VEG) Lemon Chicken Orzo (H)(DF)	Miso – Mushroom (GF)(VGN) Chicken Mulligatawny (H)(GF)(DF)	Curried Cauliflower (GF)(VGN) Seafood Creole (H)(GF)(DF)
DELI SANDWICHES EVERYDAY	Classic Egg Salad on a Wrap(VEG) / Hummus and Roast Vegetables(VGN) / Tuna Salad on a Kaiser(H) / Roast Turkey and Cheddar Cheese				
SALADS EVERYDAY	Garden Salad / Crudités / Salad Bowl with Meat or Vegetable Protein				
ENTRÉE PASTA BAR	<u>OPTION 1</u> 1. Pick your Pasta: <i>Gluten free option available</i> 2. Pick your Sauce: - Marinara (NUT FREE)(VGN) (GF) - Béchamel (NUT FREE)(VEG) (GF) Garlic Bread (Vegetarian)		<u>OPTION 2</u> 1. Pick your Pasta: <i>Gluten free option available</i> 2. Pick your Sauce: - Marinara (NUT FREE)(VGN) (GF) - Béchamel (NUT FREE)(VEG) (GF) 3. Pick One Protein: -Chicken (H) -Sausage or Ham -Beef (H) -Romano Beans 4. Pick Three Vegetable Toppings: -Tomato -Zucchini -Spinach -Eggplant -Mushroom -Red Onion -Sliced Peppers -Black Olives Garlic Bread (Vegetarian)		
<i>Toppings subject to change</i>					
\$6 Lunch special on Wednesdays	Based on Option 1 of Pasta Bar Available to only Vic students, Faculty and Staff				