



WEEK 2 ALL-DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUPS	French Onion (GF)(VGN) Italian Wedding (H)(DF)	Tomato Basil (GF)(VGN) Chicken Mulligatawny (H)(GF)(DF)	Lentil Dahl (GF)(VGN) Beef Vegetable (H)(GF)(DF)	Mexican Bean (GF)(VGN) Curried Cauliflower (GF)(VGN)	Roasted Red Pepper Tomato (GF)(VGN) Turkey Noodle (H)(DF)	Vegetable Barley (VGN) Creamy Broccoli (GF)(VEG)	Harvest Vegetable (GF)(VGN) Spicy Thai Chicken Coconut (H)(GF)(DF)
MEAT PIZZA OR HOT SANDWICH	Hot Sandwich Grilled Pork Bahn Mi	Pizza BBQ Chicken Strip, Red Onion (H)	Hot Sandwich Tuna Melt Wrap	Pizza Pepperoni Pizza	Hot Sandwich Philly Cheesesteak	<u>Pizza – Dinner Only</u> Pepperoni	<u>Pizza – Dinner Only</u> Canadian - Pepperoni, Bacon, Peppers
VEGETARIAN PIZZA/HOT SANDWICH	Hot Sandwich Lemongrass Tofu Bahn Mi (VGN)	Pizza Sweet and Spicy Pineapple, Jalapeno, Mushrooms (VEG)	Hot Sandwich Grilled Veggie, Feta Cheese, and Quinoa (VEG)	Pizza Cuban Sofrito Pizza Peppers, Onion, Ground Soy (VEG)	Hot Sandwich Herbed Bruschetta (VGN)	<u>Pizza – Dinner Only</u> Cheesy Garlic Pizza Mozzarella, Garlic, Oregano (VEG)	<u>Pizza – Dinner Only</u> Double Cheese Pizza Cheddar and Mozzarella (VEG)
COLD MEAT SANDWICH	Roast Turkey and Cheddar Cheese on a Hoagie Bun	Roast Turkey and Cheddar Cheese on a Hoagie Bun	Roast Turkey and Cheddar Cheese on a Hoagie Bun	Roast Turkey and Cheddar Cheese on a Hoagie Bun	Roast Turkey and Cheddar Cheese on a Hoagie Bun		
COLD VEGGIE SANDWICH	Roasted Red Pepper Hummus & Vegetable Wrap (VGN)	Balsamic Roasted Vegetable Feta Cheese on a Ciabatta (VEG)	Green Goddess Sandwich on an Onion Bun (VEG)	Caprese (Bocconcini, Basil, Tomato) on a Kaiser (VEG)	Roasted Root Vegetable with Avocado and Arugula on a Baguette (VGN)		
ROTATIONAL SANDWICH	Classic Egg Salad on a Wrap	Deluxe Ham and Provolone Cheese on a Ciabatta	Roast Beef with Swiss Cheese on an Onion Bun	Tuna Salad on a Kaiser	Tuscan Grilled Chicken with Mozzarella on a Baguette		
MEAT FEATURED SALAD	<u>Harvest Chicken Bowl</u> Chicken Breast, Quinoa, Sweet Potato, Roasted Vegetables, Carrots, Blistered Cherry Tomatoes, Cucumber	<u>Tex Mex Beef Bowl</u> Beef Strips, Romaine, Mexican Rice, Tomato, Cucumber, Red Onion, Chunky Avocados	<u>Thai Salad Bowl</u> Thai Coconut Shrimp, Rice Noodles, Arugula, Tomato, Cucumber, Bok Choy, Snow Peas, Carrot, Baby Corn, Edamame	<u>Japanese Salmon Bowl</u> Smoked Salmon, Sticky Rice, Napa Cabbage, Tomato, Cucumber, Carrot, Mango, Broccoli	<u>Mezze Bowl</u> Mediterranean Chicken Breast, Tomato, Cucumber, Mixed Greens, Lebanese Tabbouleh, Red, Onions, Olives		
VEGETARIAN FEATURED SALAD	<u>Harvest Bean Bowl</u> Marinated Mixed Beans, Quinoa, Sweet Potato, Roasted Vegetables, Carrots, Blistered Cherry Tomatoes, Cucumber	<u>Tex Mex Bean Bowl</u> Tex Mex Beans, Romaine, Mexican Rice, Tomato, Cucumber, Red Onion, Chunky Avocados	<u>Thai Salad Bowl</u> Thai Coconut Tofu, Rice Noodles, Arugula, Tomato, Cucumber, Pak Choi, Snow Peas, Carrot, Baby Corn, Edamame	<u>Japanese Tempeh Bowl</u> Miso Tempeh, Sticky Rice, Napa Cabbage, Tomato, Cucumber, Carrot, Mango, Broccoli	<u>Mezze Bowl</u> Green Lentils, Tomato, Cucumber, Mixed Greens, Lebanese Tabbouleh, Red, Onions, Olives		
FEATURED SALAD SIDES	<u>Honey Lemon Dressing</u> Sides: Assorted Seeds, Dried Cranberries	<u>Creamy Chipotle Cilantro Dressing</u> Sides: Cheddar Cheese, Sour Cream, Salsa	<u>Wowbutter Satay Dressing</u> Sides: Sesame Seeds	<u>Asian Sesame Dressing</u> Sides: Seaweed, Nori, Sesame Seeds	<u>Lemon Herb Dressing</u> Sides: Feta Cheese		
DESSERT	Chocolate Pudding Cake	Cobbler	Carrot Cake	Gingerbread Cake	Caramel Swirl Cake	Cream Pies	Variety of Squares and Bars



LUNCH							
COMBO 1 - MEAT	Turkish Chicken Tava (H)(GF)	Beef Lasagna (H)	Indian Butter Chicken (H)(GF)	Pan Seared Cod with Tomato and Olives (H)(GF)	Southern Fried Chicken (H) Saucy Mushroom Tetrazzini (VEG)	Brunch Entree Warm German Potato Salad (GF)(VGN) German Bratwurst Caramelized Onions (GF)(VGN) Yves Veggie Sausage (GF)(VGN) Seasonal Vegetables (GF)(VGN) Hot Dog Buns (VEG)	Brunch Entree Vietnamese Buns Jasmine Rice (GF)(VGN) Ginger Hoisin Beef (H)(DF) Ginger Hoisin Tofu (VGN) Sautéed Garlic Broccoli (GF)(VGN)
COMBO 1 – VEGETARIAN	Chickpea and Vegetable Stew (GF)(VGN)	Vegetable Lasagna (VEG) Pasta (VGN)	Paneer and Bell Pepper Masala (GF)(VEG)	Grilled Tofu Ratatouille (VGN)	Buffalo Cauliflower (VGN) Tomato Pasta Bake with Soy Ground (VEG)		
SIDES	Cardamom Scented Rice (VGN) Cous Cous Stuffed Tomatoes (GF)(VGN) Garlic Sautéed Purple and Green Kale (VGN)(GF)	Marinara Sauce (GF)(VGN) Blanched Broccoli (GF)(VGN) Garlic Bread (VEG)	Lime Leaf Basmati Rice (GF)(VGN) Steamed Vegetables (GF)(VGN) Vegetable Samosa (VEG)	Quinoa Pilaf (GF)(VGN) Spanakopita (VEG) Sautéed Rapini (GF)(VGN)	Steamed Vegetables (GF)(VGN)		
PORTION TOPPINGS		Parmesan Cheese (ON ICE, ON SIDE)	Cucumber Raita (ON ICE, ON SIDE)		Buffalo Sauce (ON SIDE)	Grainy Mustard (ON SIDE)	
DINNER							
COMBO 1 - MEAT	Asian BBQ Beef Brisket with Bean Sprout Garnish (H)(GF)(DF)	Jerk Pork with Pineapple Salsa (H)(GF)(DF)	Deconstructed Beef Pot Pie (H)(DF)	House Roasted Turkey (H)(GF)(DF) Sage Infused Gravy (H)(GF)(DF)	Veal Parmesan	Sesame Beef and Vegetable Stirfry (H)(GF)(DF)	Chili Lime Tilapia with Sautéed Corn (H)(GF)(DF)
COMBO 1 – VEGETARIAN	Thai Sweet Chili Tofu and Vegetable Stir-fry (GF)(VGN)	Pulled Jerk Jackfruit with Pineapple Salsa (GF)(VGN)	Deconstructed Garden Vegetable, Mushroom and Beans Pot Pie (VEG)	Harissa-Spiced White Bean Cassoulet (GF)(VGN)	Eggplant Parmesan (VEG)	Sesame Tofu and Vegetable Stirfry (GF)(VGN)	Chili Lime Beyond Meat Strips with Sautéed Corn (GF)(VGN)
SIDES	Vegetable Pad Thai (GF)(VGN) Garlic Sautéed Asian Broccoli (GF)(VGN) Vegetable Spring Rolls (2PC) (VGN)	Rice and Peas (GF)(VGN) Steamed Vegetables New England (GF)(VGN) Jalapeno Cheddar Cornbread (VEG)	Puff Pastry Squares (VGN) Steamed Rice (GF)(VGN) Onion Rings (VGN) Sautéed Asparagus (GF)(VGN)	Garlic and Parsley Potato Mash (GF)(VGN) Italian Vegetable Medley (GF)(VGN)	Buttered Egg Noodles (VEG) Sautéed Yellow and Green Zucchini with Tomatoes (GF)(VGN) Garlic Toast (VEG)	Sticky Rice (GF)(VGN) Vegetable Egg Rolls (1PC) (VGN) Steamed Chinese Broccoli (GF)(VGN)	Brown Vegetable Fried Rice (GF)(VGN) Green Beans and Baby Carrots (GF)(VGN) Jalapeno Bottle Caps (VEG)
PORTION TOPPINGS				Cranberry Sauce (ON ICE, ON SIDE)			